

2009 OUTREACH TRAINING MANUAL

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Dear Youth Leader,

We at YWAM Idaho, Boise-Cascade are so excited that you have decided to bring your group through our Mission Adventures program. This manual is to help both you and your team prepare for your mission trip. We hope this will help answer a lot of your questions. We have included fundraising ideas, a “what to bring” list, general outreach info, contact information, debriefing suggestions, and more. Feel free to copy any of this information and give it to your team at a team meeting.

We would like to recommend that you and your team meet at least twice a month to begin building team unity. We also recommend keeping the parents well-informed. It would be helpful to have an informational meeting with both the parents and the youth. As we all know, there are times when your youth will not pass on the information to their parents, and no one wants parents left in the dark. If your church is within Idaho/Oregon, it may be possible for someone from Mission Adventures to come down and be a part of this informational meeting.

Please keep referring to the Registration Manual for when deposits and other forms are due. If you cannot make the deposit date, please contact us. We will be happy to do our best to accommodate your team.

We are praying that this mission trip is a time of both personal and spiritual growth for you and your team. We also hope that the concepts you learn will get taken back to your hometowns and implemented into your daily lifestyle.

Please do not hesitate to contact me with any questions you may have. I desire to serve and prepare you to the best of my ability.

Be the Light!

David Dubrall

Mission Adventures Director

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TEAM BUILDING

Building a Mission Team

A mission team is a group of young people and/or adults that have come together in unity and purposefully given themselves in service to the Lord through evangelism, training, and mercy ministry.

Team Goals

- 🌍 To learn how to work together both physically and spiritually.
- 🌍 To learn how to cope with others in difficult situations
- 🌍 To provide support for the local evangelical churches and local communities.
- 🌍 To gain a deeper understanding of what it means to be a family in Christ.

Individual Goals

- 🌍 To develop a deeper understanding of who God is.
- 🌍 To begin to see God's direction in individual lives.
- 🌍 To build lasting relationships.
- 🌍 To develop a more thankful heart for God's blessings.
- 🌍 To gain a new perspective on Scripture as viewed through the eyes of people in other economic spheres or cultures.
- 🌍 To add a new dimension to each individual's personal relationship with God and open new doors to understanding His call on each person's own life.

May God bless and teach you as you prepare your hearts, spirits, bodies, and minds to serve Him on this mission trip.

TEAM BUILDING CONTINUED...

Four Principles for a successful Mission Trip

Teamwork is one of the most valuable skills each mission team will have the opportunity to develop. We recommend that each team leader read the following principles with their group. Challenge them to think about how they can apply these principles to both the team and their individual lives.

1. **Submitting to Leadership**

People have been appointed as leaders of each team. Some may feel more qualified than the chosen leader. In several cases, a team member may be older and more experienced in leadership. Each team member must make an earnest effort to support, respect, and follow his/her team leader. Any form of disrespect/disobedience will most likely cause a rift in team dynamics that leads to disunity. The team members should pray for the team leader every day as the team leader will confront many decisions, most which are unknown to the rest of the team.

2. **Maintaining an Attitude of Servanthood**

Projects work well when each group member maintains an attitude of serving. It is always good to keep in mind that, "do not merely look out for your own interests, but also for the interests of others." (Phil. 2:4, NASB) The team leader and team members are servants as they encourage, support, and affirm each other. Great questions to ask in all situations are, "What is left to do? How can I help complete the remaining tasks?"

3. **Forgiving and Letting Go**

It is impossible to live with people day after day without someone getting offended. Each person must make a commitment to forgive and work out problems that arise. Remember, if a brother or sister is mad at one another, each must go and make things right (Matt. 18:15-17, Luke 7:47, Eph. 4:32). Above all, forgive as Christ has forgiven.

4. **Praying**

If team members are to experience a successful trip and spiritual unity, they must pray in small groups, as individuals, and with the entire team. Many problems would be solved much quicker if prayer were the first weapon of defense. Unfortunately, prayer is often an afterthought. YWAM's goal for each team is to have prayer become the team's highest priority. "The effective prayer of a righteous man can accomplish much." (James 5:16, NASB)

TEAM BUILDING CONTINUED...

Outreach Teams

Every youth group must consist of at least 5 people. The recommended ages for each student is 12 years or older. YWAM suggests each group have one leader for every 10 students.

Each team will have experienced YWAM staff to be the liaison between YWAM, the ministry contacts out on the field, and the youth leader. The YWAM staff will have experience in leading teams, which enables the YWAM staff to give first hand information on the culture and ministry.

Maintenance Free

The YWAM outreach leader will make all the logistical arrangements, help with orientation, and lead, in conjunction with the youth leaders, during the outreach. YWAM staff persons are there to serve the youth group and to help the team get the most out of their mission's experience.

Youth Leadership

YWAM recognizes that youth leaders have a long-standing relationship with the students and can therefore best recognize the students' needs. Therefore, the youth leaders are responsible for the spiritual and physical well being of their students. Youth leaders will also be expected to maintain the discipline in their team. The YWAM outreach leader should be informed of any problems or needs. In this way, every team member will receive effective pastoral care.

Outreach Journal

Keeping a journal, or writing down the events of the day, is an excellent way to get more out of the mission trip and remember activities that could easily be forgotten. It will also be a record for the team member to look back at, which will hopefully encourage the individual in the future. Keeping a journal is something that many mission agencies recommend, especially for their short-term staff. Another fun idea is to have a team journal that each member would write in on a specific day. This allows a very unique perspective on how the entire trip went.

Questions to ask yourself

- 🌐 What are the areas in my life that are not completely turned over to Christ?
- 🌐 What steps am I going to take to turn these areas over to Him?
- 🌐 Why do I think God called me to this outreach?
- 🌐 Was my experience what I expected? Why or why not?
- 🌐 Did this mission experience affect my personal values? How?
- 🌐 Was my vision of spreading the gospel increased? How?

SUPPORT RAISING

Finances

It is necessary to remember God supplies all needs. It can become easy to look at people as potential supporters rather than partners within the Great Commission. Friends, family, and church members should be a meaningful part of this great task.

Right now, God has burdened each member of the team to "GO!" There are many, though, who are called to stay and give. Neither calling is greater, but the two are entwined together. The supporters must know that their role of giving financially is as vital as the role of going on the trip itself. As the supporters give, they become an extension of the ministry experiences, which occur while on the field.

God has given everyone the opportunity to share His loving heart with those who have never heard His name. God wants each person to need Him and look to Him whether they are giving or going. The Lord is more than able to supply all financial needs. However, the Lord often calls for the responsibility and privilege of raising financial support. This builds faith, character, and relationships. Prayer is a vital component in seeing God act in the process of raising money. So pray, pray, and pray again! "You do not have, because you do not ask." (James 4:2c NASB) As you pray, ask God for creative ideas to raise funds and the names of the individuals that you should approach for support.

Financial Game Plan

I Corinthians 9 talks about, those who preach the Gospel must also live by it. The idea of raising support is a God-ordained plan. It creates a partnership between those who go and those who stay and give financially. Every person becomes a player in world evangelism.

The following information will give some pointers and ideas on raising the finances needed. The list here is by no means exhaustive. God is a creative God and can give new and fresh ideas for raising money.

Many fundraising tactics for the trip will involve the church body. It is strongly encouraged that the team leader submits the thoughts and ideas of the team to the pastor, deacon, or church/mission board before launching into the financial program. Perhaps, early on, the pastor will want the team to share with the congregation their desire to go on this mission and the upcoming fundraisers the congregation should remember. With the pastor's support, the church body may be encouraged to help raise the money for the trip. The pastor may choose to receive an offering on a Sunday to help defray some expenses. In any case, the support of the church leaders is imperative and a good place to start.

SUPPORT RAISING CONTINUED...

Fundraising Ideas

The Support Letter

An effective tool in raising support is found in a letter presenting the vision and needs of each individual and the team. Each person should generate a list of names of extended family members and friends to whom the letters could be sent. Church members may be included but take care that one member does not receive letters from four or five youth! A form letter, like the example on the following page, can be reproduced on the church or youth group letterhead for each team member to use. The team member should fill in the recipient's name, sign the letter, and, without exception, add a personal note on the bottom of each letter before sending. The letter should give a general idea of where the team is going, what the team will be doing, and, most importantly, why the team wants to go. Including information about the area the team will go to will encourage the support team to pray for the people in that location and for the outreach. The letter should give a clear invitation to partner with the individual in prayer and finances and inform the recipients of the team member's intent to follow up the letter with a phone call within the next several weeks to hear of the potential supporter's decision.

It is important for each team member to be upfront and honest. The persons receiving the letter should sense the privilege of joining with the team in the outreach. The supporters should know they are an integral part of the team. Regardless of the decision, the potential supporters should be asked to partner with the team member in this mission through prayer, both before and during the trip.

It should be noted that a similar support letter could be used to ask for team donations from corporations and businesses. Many companies allocate money each year to be used for tax-deductible donations. It would be best to compose a letter for the entire group that represents the group's total financial need. Several team members should personally deliver the letters to the businesses. Most corporations would be eager to support a team of passionate teens wanting to serve the needy and love the orphaned. Asking can be a powerful witness in the communities!

SUPPORT RAISING CONTINUED...

Example Support Letter

(Reproduce on Church letterhead)

Dear (Recipient):

(date)

I hope this letter finds you well! I'm writing to share with you an exciting opportunity that I will be participating in this coming summer and to ask you to consider being a part of it through prayer and financial support.

My youth group and I are going to (location) on a 10-day (20-day) mission trip with Mission Adventures, a ministry of Youth With A Mission (YWAM). YWAM is an international, interdenominational Christian mission agency. For over 44 years, YWAM has been mobilizing young people like myself to help meet the needs of and minister to hurting people worldwide. I will have the opportunity to share the love of Jesus through drama, service work, and one-on-one evangelism. I am excited to be given the honor of being God's hands and feet in places of great need.

On the mission trip, I will receive training that consists of worship, a guest speaker, and learning evangelistic tools in order to share Jesus with others. The training time is followed by the outreach phase, in (location), which gives me a chance to share the Gospel with the people of (location) through partnering with a local church, service projects, discipling, and being a light to a dark city.

I would like to invite you to be a part of what God has called me to do. Would you prayerfully consider supporting me for this mission trip? I need to raise (total amount) by (date) in order to go. I would consider it a privilege to have you on my team for this exciting opportunity, and I believe the Lord will bless us both through this experience. I also need your prayer support leading up to and throughout my mission trip. Either or both means of support would be appreciated.

I will phone you in a week or two to answer any questions you may have and hear your decision.

Thank you for your time and consideration. It would be great to have you partner with me in working towards the completion of the Great Commission.

Sincerely,
(Signature)

(Add personal note here)

SUPPORT RAISING CONTINUED...

Fundraising Websites:

Pumpkin Patch Fundraisers, Inc.
Sandra Griffith
425 NC Hwy 150 W
Greensboro, NC 27455
1800-453-9793
Sandra-ppf@triad.rr.com
www.pumpkinsusa.com

Krispy Kreme
www.krispykreme.com

Fund\$raiser
www.fundraiser.com

Desert or Dinner Social

An individual or an entire team can plan the dessert or dinner social for extended family, friends, church members, etc. This provides an opportunity to orally present information about the trip. It may also be a good idea to offer the guests the appropriate ethnic cuisine while hosting the event in a home setting. Asking for a donation or receiving an offering at the end of the evening is appropriate. You could also host something a bit larger at your church and maybe sell tickets.

Pennies for Heaven

Most people are irritated by a purse or drawer full of pennies and are happy to get the pennies off their hands! As a fundraiser, those little bronze coins can really add up. Ask church members, family, neighbors, and school friends to bring in all the lone pennies lounging around their homes. Decorate coffee cans (with pictures of where you're

going) to use as coin receptacles. Or, pass out empty water bottles and ask that people fill them with pennies and give them back to you by a specific date. If 100 people deposit \$5 in pennies, your group has just earned \$500. Run the penny campaign several weeks in a row at church or several consecutive days among classmates at school.

Car Wash and Bake Sales

Car washes and bake sales are good traditional sources of raising funds. The team can charge a flat rate or ask for donations for the car wash. Many grocery stores and Wal-Mart's will allow you to host the car wash there, usually free of charge. Also, bake sales can be held at church, high school sporting events, or wherever you see fit. Both events are a lot of work and require the entire team's participation, but they have been known to generate substantial income.

Servant Auction

This type of event can be done at any time of the year. Have each of the youth commit to jobs for which they would hire-out. They may offer to cut grass, paint, shovel snow, babysit, clean house, or do laundry. The list is endless! Hold an auction during the fellowship or greeting time on Sunday. As the person and job offer is announced, a bidder can "hire" the team member and set up a time and date for the task to be accomplished. You can either agree on an hourly rate, a flat rate specific to the job, or you could actually auction the person off to the highest bidder. This can also generate a substantial income. Just make sure your youth follow up on their job!

Ask us for more ideas!

Testimony or Story-telling Tips

In giving a testimony, speakers should:

- 🌐 Pray for God's direction before and during the testimony.
- 🌐 Tell of relationship to Christ – contrast life before knowing Christ and present, new life with Christ.
- 🌐 Be definite, specific, and contemporary – 5 minutes maximum, without rambling or taking tangents.
- 🌐 Show through voice inflection, actions, and facial expressions that God did great things in their lives.
- 🌐 Give the victory to Jesus – tell of His power, love, mercy, and grace.
- 🌐 Not devalue another person's beliefs or denomination to make a point.
- 🌐 Reinforce a point by using 1 or 2 short scriptures.
- 🌐 Wrap up with an application.
- 🌐 Close with prayer (optional).
- 🌐 Use complete thoughts, speak slowly and clearly, and enunciate.
- 🌐 Remember that their testimony is NOT limited to their salvation story. Instead it should be any point in their life that illustrates a point and brings glory to God.

In telling a story or giving an illustration, speakers should:

- 🌐 Pray for God's direction and consider the purpose of the story or illustration – make sure the story's point is clear.
- 🌐 Begin with an attention-getter, followed by the plot, climax, conclusion, and life application of the story.
- 🌐 Tell the story in a simple manner. Don't read it.
- 🌐 Be familiar with the story and think of ways to make it meaningful and applicable in another country/setting – avoid using clichés or slang.
- 🌐 Use visual aids whenever possible.
- 🌐 Be Biblically correct – understand the scriptures and how they apply to the story. Don't use scripture out of context!
- 🌐 Use various nonverbal expressions in the voice, face, and body movements being careful to keep the expressions natural.
- 🌐 Maintain eye contact with the audience.

GENERAL OUTREACH INFORMATION

Food

Meals

All meals are included in the program fee. YWAM believes it is important to assimilate to the culture hosting the outreach. As food is a substantial part of culture, teams will have plenty of opportunities to try the local cuisine.

The YWAM staff will prepare most of the meals. YWAM provides nutritious, healthy food with purified water or other drinks. Team members may be asked to assist in preparing meals, as well as help with cleanup.

Safe Food

YWAM staff will carefully choose the places the team will eat and will avoid the restaurants with poor sanitation. A wise choice of where and what to eat will make for an enjoyable trip. In India, an upset stomach within the first few days will usually be the body's reaction and adjustment to unfamiliar food. This normally passes within a few days.

Indian Food

The difference in food might be a big concern for some team members; however, it can be one of the biggest blessings too. Meal times in all cultures are an important way of building relationships. Meals can be so much more than just eating.

GENERAL OUTREACH INFORMATION

Travel Resources

Group travel services

1. Amazing Low Fares
Phone: (888) 478-0808
www.amazinglowfares.com
2. www.orbitz.com
3. www.travelocity.com

Van Rental Companies

1. Budget
Phone: US Reservations – (800) 527-0700
www.budget.com
2. Enterprise Rent-A-Car
Phone: US Reservations – (800) 736-8222
www.enterprise.com

Driving Directions

From Boise

- Take 55 N to Cascade.
- Drive through Cascade (about 2 miles).
- Turn right on Warm Lake Road.
- Continue for about 28 miles.
- Turn right at YWAM sign (2736 Warm Lake Road).

OUTREACH ESSENTIALS

YWAM Contact List

YWAM Address

YWAM Idaho, Boise-Cascade
PO Box 70
Cascade, ID 83611

Base Director

Marty Meyer
208-382-3118

Mission Adventures Director

David Dubrall
208-382-0050 Cell (805)433-3730
missionadventures@ywamidaho.org

Mission Adventures Director

Thomas Gray
208-382-0050 Cell 208-315-3708

YWAM Kanpur Contact*

Use YWAM Idaho

* This contact information is for emergency use only. For questions regarding the outreaches, please contact David or Tommy at YWAM Idaho, Boise-Cascade. Thank you.

OUTREACH ESSENTIALS CONTINUED...

Packing List

Below are packing lists for teams to follow (general, male, female, Gulf Coast specific and India specific) as well as laundry information. The guidelines for ministry clothing while on outreach are very important. YWAM has space for one medium-sized suitcase/duffle bag, one carry-on bag, and a sleeping bag. Each person will need to pack lightly and bring only the items he/she can carry.

1. General Packing List

- ❑ Small Pillow
- ❑ Warm sleeping bag & fitted sheet
- ❑ Sleeping mat
- ❑ Flashlight & batteries (highly recommended)
- ❑ Water bottle
- ❑ Bible, small notebook, pen/pencil
- ❑ Personal toiletries (shampoo, soap, toothbrush, deodorant, etc.)
- ❑ Personal medications (headache/allergy/cold)
- ❑ Towel & washcloth
- ❑ Baby wipes/Hand sanitizer
- ❑ Sunscreen
- ❑ Bug Spray
- ❑ Hat & Sunglasses
- ❑ Camera & film
- ❑ Travel alarm clock
- ❑ Warm clothing (it can get chilly at night and it may rain)
- ❑ Spending money
- ❑ Good walking/work shoes

2. Clothing for Guys

- ❑ Work pants/shorts
- ❑ Work shirts
- ❑ Nice, casual pants for ministry
- ❑ Nice, casual shirts for ministry (no T-shirts and no writing/graphics on shirts)
- ❑ Fun shirts or T-shirts (no tank or muscle tops)
- ❑ Modest sleepwear (t-shirt & shorts)
- ❑ Flip flops for showers
- ❑ Light weight jacket or sweatshirt
- ❑ Swimsuit (no Speedos) – there will be an opportunity to swim in Cascade

OUTREACH ESSENTIALS CONTINUED...

3. Clothing for Girls

- ❑ Casual but nice skirts for ministry (no above knee, mini, or tight skirts)
- ❑ Matching tops with at least a cap or drop sleeve (no halter tops, tank tops, spaghetti-strap tops, or sleeveless attire)
- ❑ Shorts (at least finger-tip length)
- ❑ Work pants/shorts (at least finger-tip length)
- ❑ Work shirts
- ❑ Modest sleepwear (t-shirt & shorts)
- ❑ Flip flops for showers
- ❑ Light weight jacket or sweatshirt
- ❑ Swimsuit (one-piece) – there will be an opportunity to swim in Cascade

4. India Specific

- ❑ Piercings of any kind (guys) and all visible piercings other than ears and nose (girls) are not permitted
- ❑ All visible tattoos will have to be covered
- ❑ Shorts are not allowed
- ❑ Toilet paper (1-2 rolls depending on how much you consume in 2 weeks)
- ❑ Please note: the first day, we will shop at a place to buy Indian clothing to wear during outreach. (It is highly recommended that you do this.)

Laundry

Each team will need to come prepared with enough clothes to last the entire length of the outreach since the Mission Adventures schedule does not permit any time for laundry runs.

OUTREACH DEBRIEFING SUGGESTIONS

Mission Team Debriefing

Debriefing is a necessity to wrapping up a successful outreach. The debriefing process is important in order to help each person maintain a positive outlook on his/her outreach experience. One of the most difficult aspects of a mission trip is returning home. We have included some tips to help both you and your team process through their mission trip.

Sharing Experience and Re-Entering Everyday Life

The following suggestions are intended to help each team member adjust to everyday life and share his/her experiences with others.

1. As a team, either during your final team meeting or during the trek home, you should have a time where the youth leader sits and ask questions of both the entire group and individually. This is probably one of the most effective ways to assist the team in processing. It is very helpful to hear each others answers because this will be another learning experience. Make sure to process both the training phase and outreach phase. Here are a few questions to ask:
 - a) What was the biggest spiritual growth in your life?
 - b) What was your favorite and least favorite part?
 - c) What did you like about the location, people, etc.?
 - d) What did you learn from the culture/environment?
 - e) Tell us your most memorable story/experience.
 - f) How are you different as a result of this trip?
2. After several days back home from the trip, participants should review the mission journal. This will help in readjusting to life. It will be a reminder of the growth experienced on the trip. It will also bring specific instances to mind that can be told to friends when they ask about the trip. Most people stop asking questions if all they are given are general answers as opposed to specific examples and stories.
3. The team members will benefit by having a realistic level of expectation at the reactions of parents, relatives, and friends, who may not be as excited about the trip as the team members hope they are. People at home have had a series of experiences totally different from the experiences of the team. It is wise to avoid judging others because of their lifestyle and choices. It is good to remember what life was like before the mission trip.
4. The team should meet within a month after returning. The timing will help to keep alive the work God started in the team's lives. It is also a good way to help group members cope with possible depression, loneliness, and frustration that can occur after the trip.

5. Team members should make reasonable and practical choices for spiritual growth after the trip. The excitement of a mission trip may lead people to make unrealistic commitments when they return home. Set realistic goals on how to build and maintain spiritual passion. It is helpful if they have an accountability partner, whether another team member or a youth leader.

6. Hanging out regularly with other Christians can help to preserve passion for Jesus.
7. Participants should be cautious in negative reporting. Sometimes there are problems on a team. If problems are reported right away, those who were not on the team may think the whole trip was bad.
8. Often, family members missed the team members more than the team members missed their families. Be gentle and loving.